

# HLM

## SPORTS THERAPY

### COVID-19 SAFETY PRECAUTIONS

#### Therapists

- \* Therapists will be wearing PPE when social distancing cannot be maintained (e.g. During hands on treatment). This will include a disposable type IIR mask, disposable apron, disposable gloves, and safety goggles/ visor.
- \* Therapists will be washing and sanitising hands before and after each client.

#### Clients

- \* Clients will be required to wear a mask/ face covering for the duration of their appointment. Please bring your own when possible.
- \* If you wish to bring your own towel to use during your appointment, please do – but do not worry if not.

#### Appointments

- \* Please do not arrive more than 5-10 minutes before your appointment, and remain outside the building (or just inside the door if it is bad weather).
- \* You will be met by your therapist to complete a screening questionnaire and to take your temperature via non-contact thermometer.
- \* Following screening you will be taken to the treatment room with minimal contact with touchable surfaces
- \* If you, anyone in your household, or anyone else you have had close contact with in the last 14 days displays symptoms of COVID-19, is self isolating, or has been instructed to self isolate by NHS track and trace, please do not attend your appointment.
- \* Currently the cancellation policy is not in place for any cancellations due to COVID-19.

#### Cleaning and Sanitation

- \* All touchable surfaces will be regularly cleaned and sanitised. This will include door handles, the treatment bed, and any other equipment used during treatment.
- \* All treatment beds and pillows will be wipeable – Unfortunately this means that couch covers and electric blankets will not be in use.

#### Payment

- \* All payments will be via bank transfer or card, cash payments WILL NOT be accepted currently. If you wish to pay by bank transfer please ensure this is done before leaving the premises after your appointment.