

HLM

SPORTS THERAPY

COVID-19 SAFETY PRECAUTIONS

Therapists

- * Therapists will continue to wear a mask for the duration of your appointment. If you wish for your therapist to wear additional PPE (Visor, gloves, apron) please let them know.
- * Therapists will be washing and sanitising their hands before and after each client.

Clients

- * Clients are encouraged to wear a mask/ face covering for the duration of their appointment
- * If you wish to bring your own towel to use during your appointment, please do– but do not worry if not.

Appointments

- * You will be met by your therapist to complete a brief screening questionnaire prior to entering the clinic
- * If you have cold or flu like symptoms, or have returned a positive COVID test in the 5 days prior to your appointment, please reschedule. This is to help protect our therapists and other patients.
- * Currently the cancelation policy is not in place for any cancellations due to COVID-19.

Cleaning and Sanitation

- * All touchable surfaces will be regularly cleaned and sanitised. This will include door handles, the treatment bed, and any other equipment used during treatment.
- * All treatment beds and pillows will be wipeable – Unfortunately this means that couch covers and electric blankets will not be in use.